

## **STAY POSITIVE—1 ENOUGH OF THE BAD NEWS**

- **Optimism is not a denial of reality.**
- **Optimism is not blind faith.**
- **Optimism is confidence about the future or a successful outcome.**
- **Optimism is the unwavering expectation that our loving God is working in every situation for our future good.**

*And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28 NIV*

- **What consumes your mind, controls your life.**
- **The quality of your life will never exceed the quality of your thoughts.**
- **Pessimists tend to view negative events as personal and permanent.**

*I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. Romans 8:18 NIV*

- **The struggle I'm in today is producing the strength I need tomorrow!**

*In the same way, the Spirit helps us in our weakness. ... Romans 8:26 NIV*

*And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28 NIV*

*For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, <sup>39</sup>neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. Romans 8:38-39 NIV*